

	INDIAN SCHOOL AL WADI AL KABIR	
CLASS: X	DEPARTMENT: SCIENCE 2026 – 27 SUBJECT: HEALTH CARE (SUBJECT CODE - 413)	DATE: 22/04/2026
WORKSHEET NO: 2 With answers	UNIT 1: HEALTHCARE DELIVERY SYSTEMS (SESSION – I to V)	NOTE: A4 FILE FORMAT
NAME OF THE STUDENT:	CLASS & SEC: X -A to X -I	ROLL NO:

OBJECTIVE TYPE QUESTIONS (MULTIPLE CHOICE):

Q1. The main aim of a health care delivery system is:

- A. Profit making
- B. Providing education
- C. Providing health services
- D. Conducting research

Q2. Which level of care includes district hospitals?

- A. Primary
- B. Secondary
- C. Tertiary
- D. Home care

Q3. Which professional works at sub-centres?

- A. ANM
- B. Nurse
- C. Surgeon
- D. Specialist

Q4. Which is NOT a part of primary health care?

- A. Immunization
- B. Health education
- C. Complex surgery
- D. Maternal care

Q5. Which of these qualities is most essential for a GDA?

- A. Mechanical skills
- B. Computer programming
- C. Financial knowledge
- D. Empathy and patience

Q6. PHC stands for:

- A. Public Health Centre
- B. Primary Health Care
- C. Primary Health Centre
- D. Public Health Care

Q7. The referral system means:

- A. Direct hospital admission
- B. Movement from lower to higher care level
- C. Treatment at home
- D. Emergency services

Q8. Physical stamina in a GDA is important because:

- A. They manage hospital security
- B. They prepare hospital accounts
- C. They write patient reports
- D. They may have to lift and move patients

Q9. Which service is provided at PHC?

- A. Neurosurgery
- B. Vaccination
- C. Organ transplant
- D. Cancer treatment

Q10. The health care system includes:

- A. Only hospitals
- B. Only doctors
- C. Facilities and personnel
- D. Only medicines

Short Answer Questions (2 Marks)

- Q1. Define health care delivery system.
- Q2. Describe primary health care services.
- Q3. Explain the role of PHC.

- Q4. Describe components of health care system.
 Q5. What is the Importance of primary health care.
 Q6. State any two qualities of a GDA that help in effective communication.
 Q7. What is the role of ASHA workers?
 Q8. Define emergency medical services (EMS).

Descriptive Questions (4 Marks)

- Q1. Explain levels of health care system.
 Q2. Describe the Role of community in health care.
 Q3. Differentiate between primary and secondary care.
 Q4. Describe the role of ANM (Auxiliary Nurse Midwife).
 Q5. In order to provide effective personal care, what qualities should a GDA possess?
 Q6. Explain the curative and rehabilitative functions in emergency services.

ANSWERS

	OBJECTIVE TYPE QUESTIONS (MCQ)
1	C. Providing health services
2	B. Secondary
3	A. ANM
4	C. Complex surgery
5	D. Empathy and patience
6	C. Primary Health Centre
7	B. Movement from lower to higher care level
8	D. They may have to lift and move patients
9	B. Vaccination
10.	C. Facilities and personnel
	Short Answer Questions (2 Marks)
1	It is an organized system that provides health services to people through various levels and facilities.
2	Basic health services including prevention, promotion, and simple treatment.
3	In the Indian context, primary health care is provided by the Primary Health Centres (PHCs) and their sub-centres, wellness centres through multipurpose health workers, village health guides and trained Dais. Besides providing

	primary healthcare, the village “healthcare centres” bridge the cultural and communication gap between the rural people and organized health sector.										
4	Infrastructure, manpower, services, and technology.										
5	Accessible, affordable, reduces disease burden, promotes prevention.										
6	Good listening skills and clarity in speech help a GDA in effective communication with patients and healthcare staff.										
7	ASHA workers act as a link between the community and health system. They promote health awareness, assist in immunization, and help people access health services.										
8	Emergency medical services provide immediate care in urgent situations like accidents or critical illness, including ambulance services and first aid.										
	Descriptive Questions (4 Marks)										
1	The health care delivery system is an organized framework that provides medical services to individuals and communities. It ensures prevention, diagnosis, treatment, and rehabilitation of diseases. It has three main levels: • Primary level: First contact (sub-centres, PHCs) • Secondary level: Specialist care (district hospitals, CHCs) • Tertiary level: Advanced care (medical colleges, super-specialty hospitals) It includes trained professionals, infrastructure, medicines, and equipment. The system aims to provide accessible, affordable, and equitable health care to all.										
2	Community participation is important for effective health care. Roles include: • Maintaining cleanliness and sanitation • Participating in awareness programs • Supporting immunization drives • Using health services properly It helps improve health outcomes and service effectiveness.										
3	<table border="1"> <thead> <tr> <th>Primary Care</th><th>Secondary Care</th></tr> </thead> <tbody> <tr> <td>First level of contact</td><td>Second level</td></tr> <tr> <td>Basic health services</td><td>Specialized services</td></tr> <tr> <td>Provided at PHC/sub-centres</td><td>Provided at hospitals/CHCs</td></tr> <tr> <td>Focus on prevention</td><td>Focus on treatment</td></tr> </tbody> </table> Primary care handles common issues, while secondary care deals with more complex conditions.	Primary Care	Secondary Care	First level of contact	Second level	Basic health services	Specialized services	Provided at PHC/sub-centres	Provided at hospitals/CHCs	Focus on prevention	Focus on treatment
Primary Care	Secondary Care										
First level of contact	Second level										
Basic health services	Specialized services										
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Focus on prevention	Focus on treatment										
4	ANM is a frontline health worker in rural areas. Roles include: • Providing maternal and child health care										

	• Conducting immunization programs • Assisting in deliveries • Promoting family planning • Educating people about hygiene and nutrition ANMs are essential for grassroot-level health service delivery.
5	In order to provide effective personal care, a GDA should possess the following qualities: • Honesty and loyalty • Discipline and obedience • Alertness • Technical competence • Dependability and adjustability • Ability to inspire confidence • Resourcefulness, ability to manage time and resources Courtesy and dignity • Sympathy and empathy • Intelligence and common sense • Patience • Good physical and mental health • Generosity • Gentleness and quietness He should also be able to provide personal care to the patient, which include hygiene, bathing, shampooing, shaving, nail trimming, dressing, skin care and so on.
6.	Curative Functions: It includes treatment of all ailments/diseases with the help of healthcare team members. The GDA assists the nurse and other health team members in treatment of ailments/ diseases. Rehabilitative Functions: It includes activities related to physical, mental and social rehabilitation. The GDA ensures that the patient returns to a state of normal functioning. This requires assistance to patient and family members for liaison between various team members like physiotherapist, nutritionist and other rehabilitative members for optimal rehabilitation of members.

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